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SHADY LANE OAKS

• WHAT'S NEW •

C

August • 2015

Issue 6 39th Year

Batter Up!
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and Naida Godsoe
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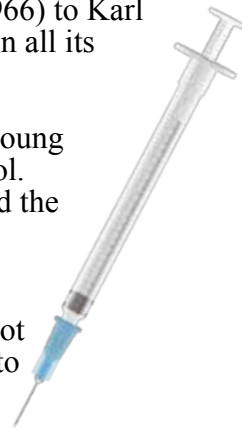


FOR AD RATES & INFO 727-484-7488 • info@monthly-media.com

American Artist Appreciation Month. From Maxine Albro (1903-1966) to Karl Zerbe (1903-1972) and everyone else in between, celebrate American art in all its forms and the people who create it.

Get Ready for Kindergarten Month. This is the time of year when young children (and their parents) prepare for that all-important first day of school. Relieve their jitters by talking about what to expect, visiting the school and the teachers, and getting excited about the upcoming school year.

National Immunization Awareness Month. National Immunization Awareness Month (NIAM) highlights the importance of immunization—not just for kids, but for everyone. Activities focus on encouraging all people to protect their health by being immunized against infectious diseases.



National Spinal Muscular Atrophy Awareness Month. Spinal muscular atrophy (SMA) is a genetic disease affecting the part of the nervous system that controls voluntary muscle movement. An SMA diagnosis doesn't mean an end to your hopes and dreams. Changes and challenges lay ahead, but also opportunity, fulfillment, and hope for a future free of spinal muscular atrophy.

Celebrate Weekly

Clown Week, Aug. 1-7. Everyone loves a clown. Celebrations during this week take on a variety of forms, such as putting on shows in malls, child care centers, hospitals and nursing homes or educational events about clowns and fundraisers for numerous charitable causes.

International Assistance Dog Week, Aug. 2-8. Created to recognize all the devoted, hardworking assistance dogs helping individuals mitigate their disability related limitations.

Elvis Week, Aug. 8-16. Held every year in Graceland, Tennessee, Elvis Week celebrates the life and legacy of Elvis Presley, “the King of Rock and Roll,” with special events, live music, concerts, movies, and more.



National Safe At Home Week, Aug. 23-29. The National Safety Council estimates that 245 people die of unintentional injuries in and near their home every day. The purpose of National Safe At Home Week is to raise awareness of safety practices to prevent injury and death in and around your home.

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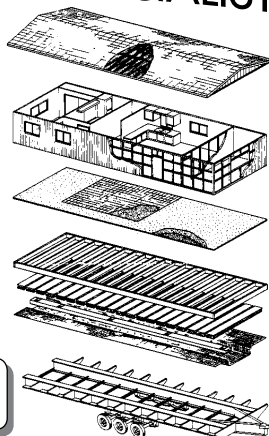


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All for the best

A king was friends with a wise doctor. They spent many hours hunting together, talking about the world as they walked through the kingdom. The king was intrigued by the doctor's insistence that events always worked out for the best. He was never convinced, but they remained close friends.

Then one day they went out hunting. The doctor's rifle went off by accident, and the bullet hit the king in the hand. The doctor had to amputate two fingers, and the king was so angry that he had his friend thrown into a dungeon.

Several months later, the king went on a safari in the deep jungle. Bored, he went off by himself and was promptly captured by a band of savages who carried them back to their village.

The king realized that these people planned to eat them, and all his promises of riches and rewards if they freed him were ignored. But when they came to prepare him for their feast, they noticed that his hand lacked two fingers.

Their traditions demanded that they not harm anyone with an amputated limb. They freed the king, and he returned to camp unharmed.

When he got back to his castle, the king immediately freed the doctor. He told his friend the story, and added, "If not for you cutting off my fingers, I might have been killed."

The doctor was happy that the king. "You see, that proves my point about things happening for the best."

"But what about you?" the king asked. "You spent all those months in a dungeon. How did that work out for the best?"

The doctor smiled. "If I hadn't been in the dungeon, I might have been out hunting with you."



Go fly a kite

The mayor of a small town was walking through the park one day when she spotted a little boy flying an enormous and beautiful kite high in the sky. Intrigued, she walked up and asked who was responsible for the keeping the kite in the air.

"I am," the boy said. "I made this kite all by myself, and I got it up into the air on my own."



Then they both heard a whisper in the air. "I am the wind," the voice said. "I keep the kite in the air by holding it aloft with my breath."

A third voice, high-pitched and vibrant, joined in. "I am the kite's tail," said this voice. "I keep the kite stable as it flies through the air. Without me it would crash to the Earth!"

Moral: Cooperation and teamwork are essential to every endeavor.



The body parts your body doesn't need

The human body is a marvelous machine, but like many devices, it contains some parts with no apparent function. According to the Mother Nature Network website, these physical attributes appear to have lost their original uses:

- Appendix. This tiny pouch in the abdomen near the larger and small intestines may have been necessary when early humans survived on a plant-based diet. Today it seems largely superfluous, aside from being a useful storage place for bacteria.
- Wisdom teeth. A leftover from when humans' jaws were larger, the extra molar no longer comfortably fits in most people's mouths and frequently has to be extracted in adulthood.
- Jacobsen's organ. In animals, including reptiles and amphibians, this organ in the nose detects pheromones emitted by potential mates. Although present in the human nose, it appears not to function in modern-day humans.
- Extra eyelid. Birds and reptiles have a nictitating membrane in their eyes that functions as a third eyelid. It's called the plica semilunaris, and apparently humans have them too, left over from earlier incarnations. It isn't entirely useless, though; it still helps to drain tears and remove foreign objects from the eye.



Get to sleep faster with these techniques

A good night's sleep is essential to good health. Sometimes dropping off to dreamland doesn't come easily, though. When sleep is elusive, try these tips to get the rest you need:



- Relax during the day. Don't wait until bedtime to calm yourself down. Get into the habit of relaxation throughout the day with meditation, progressive muscle relaxation, deep breathing, and other techniques. Your body will learn how to relax more quickly and easily when you get into bed.
- Develop a bedtime routine. Most of us can't automatically switch off at night. Make a deliberate effort to wind down at the end of the day by turning off the computer and TV, relaxing with a good book, taking a warm bath or shower, dimming the lights, and doing anything else that helps you detach from the day.
- Breathe yourself to sleep. In bed, try this breathing exercise: Inhale through your nose, filling your chest for about four seconds, then exhale through your mouth. Or try counting—not sheep, but your breaths: Inhale for four seconds, hold it for seven seconds, then breathe out for a count of eight. Both of these will ease your heart rate and blood pressure.

Did You Know About These Great Monthly Media Services?

Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are located the bottom of this page.



Emporium/Classified Listing - Do you have an event in your community such as a Bake Sale or Flea Market? An item for sale like an old set of golf clubs that needs to go? Help needed or vendors wanted for an event? Maximize the people that see your listing and use the Emporium! Your listing will be printed & delivered to over 20,000 homes in Pinellas County. See the Emporium page toward the end of the newsletter for more info.



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10 ★ 8



August Sudoku

How to play: The numbers 1 through 9 will appear once only in each row, column, and 3x3 zone. There are 9 such zones in each sudoku grid. There is only one correct solution to each sudoku. Good luck!

Difficulty level: medium.

				1		8		
		4			2			
		6			3			4
	3	1		4				
	2					4		1
		9					2	
			8	5				3
	6				7			
7			1		6		9	8

It's Beach Time!



8	9	2	6	3	1	5	4	7
5	4	1	7	2	9	8	6	3
3	7	6	4	8	5	2	9	1
6	2	3	1	7	5	9	8	4
1	8	4	9	6	3	7	2	5
9	5	7	8	4	2	1	3	6
4	1	9	3	8	6	5	2	7
7	3	5	2	9	6	4	1	8
2	6	8	5	1	4	3	9	7

Difficulty level: medium.



Little-known facts about books and language

The world of books, reading, and words is full of surprises. Take a look at some of these stories about writers and other creative people (from the BuzzFeed website):

- Green Eggs & Ham. This Dr. Seuss classic was written on a bet. Publisher Bennett Cerf wagered \$50 that Ted Geisel couldn't write a children's book using fewer than 50 different words. Geisel won.
- Thomas Jefferson. The third U.S. president (and writer of the Declaration of Independence) invented more than 100 "American" words to distinguish U.S. writing from British usage—including the word "anglophobia."
- Gone with the Wind. Margaret Mitchell began work on her first (and only) novel after recovering from an auto accident. During her convalescence, she read so many books from the local library that her husband got tired of going back and forth—so she suggested she try writing a book of her own.
- Amazon. The first book sold on the now dominant website was Fluid Concepts and Creative Analogies, by Douglas Hofstadter. Its subject: whether machines could be taught to think like people.



Stay optimistic to get ahead

Successful people are optimistic. They're realistic, and they see the challenges, but they don't lose their confidence. Here are some of the characteristics of "intelligent optimists" that anyone can master:

- Don't deny problems. Don't try to pretend difficulties don't exist. Learn to live with obstacles while looking for ways to overcome them.
- Accept reality. Recognize that you can't solve every problem. Don't get too wrapped up in trying to fix things you can't influence that you ignore what's possible.
- Don't bury negative thoughts. Everyone has them—"This will never work," or "Why am I wasting my time?" Instead of trying to repress them, ask what they're telling you, and work on getting past the problems that create negative thinking.
- Look for different solutions. Many solutions start as attempts to solve a different problem. Searching the background can provide clues to resolving the current difficulty.

It Pays To Patronize the Advertisers in This Newsletter!

With our monthly cash give-a-way, **Monthly Mania**, residents can win up to \$100 for simply using the businesses in the newsletter. See the winners listing page toward the end of this newsletter for more info. We give out \$400 monthly to residents just like you!

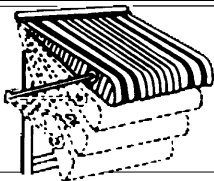
Do you want more chances to win? Let us know any businesses you would like to see advertising in the newsletter. The more advertisers you use, the more chances you have to win!



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Disabled Parking Permit Holders: Are You Tired of Feeding Parking Meters?

By Ron Anderson

My wife and I enjoy visiting St. Petersburg, or occasionally Tampa, to go to a restaurant or whatever. We were told that as disabled parking permit holders we do not have to put money in parking meters. That's nice, but a prudent person will check out such a statement. Here is the straight story directly from the Florida statutes:

FS 316.1964 Exemption of vehicles transporting certain persons who have disabilities from payment of parking fees and penalties.—

(1) A state agency, county, municipality, or any agency thereof, may not exact any fee for parking on the public streets or highways or in any metered parking space from the driver of a vehicle that displays a disabled parking permit or a license plate ... if the vehicle is transporting the person who has a disability and to whom the disabled parking permit or license plate was issued.

(2) The driver of a vehicle that is parked as provided in subsection (1) may not be penalized for parking, except in clearly defined bus loading zones, fire zones, or access aisles adjacent to the parking spaces for persons who have disabilities, or in areas posted as "No Parking" zones or as emergency vehicle zones, or for parking in excess of the posted time limits.



(5) Notwithstanding subsection (1), when an on-street parking meter restricts the duration of time that a vehicle may be parked, a vehicle properly displaying a disabled parking permit is allowed a maximum of 4 hours at no charge; however, local governments may extend such time by local ordinance.

Tampa holds to the four hour limit but St Petersburg allows disabled parking all-day, but not overnight parking. Affected persons might wish to take a look at the cited Florida statute to see other limitations concerning parking when there is a street fair, or a convention, or whatever taking place.

Multiply Your Monthly Mania!

As you probably already know; patronizing the advertisers in this newsletter also pays YOU with our Monthly Mania Cash Give-a-Way. **We pay out \$400 every month to residents** who submit tickets they have received from using the businesses in the newsletter. Winning is easy, just patronize any advertiser in the newsletter, then submit either the ticket or a paid receipt to us for your chance to win!

Now You Have More Chances to Win!

We are now offering unlimited entries into our Monthly Mania drawing by just *SUGGESTING* a business to advertise.

Here is how it works:

1. Call our office and suggest a business to advertise in the newsletter
2. We will take down your information (name, address, phone number) and enter you into the next month's drawing for over \$400 in cash prizes
3. The more businesses you suggest, the more chances you have to win.
(To qualify each resident can only suggest a business once)

What businesses would you like to see advertising?

We have spots available in the following categories:

- | | | |
|-------------------------------------|--------------------------------------|-------------------------------|
| • Accountant/Tax Prep | • Foot Specialist - Podiatrist | • Moving Services |
| • Assisted Living Facility | • Golf Cart Sales & Service | • Optometrist |
| • Attorney/Lawyer | • Hair Salon/Day Spa | • Painting - Inside & Outside |
| • Automotive Painting/
Detailing | • Hearing Aid/Retail | • Pet Services |
| • Automotive Repair/Sales | • Home Care | • Pharmacy |
| • Awnings | • Home Furniture & Mattress | • Remodeling/Interior |
| • Banks | • House Cleaning | • Resale Store |
| • Bathroom Remodel | • Insurance Home/Auto/Health | • Restaurants |
| • Bicycle Repair & Sales | • Investment/Brokerage | • Screen Repair |
| • Bingo | • Jewelry Sales/Design/Repair | • Storage |
| • Chiropractor | • Manufactured Home Sales | • Taxi/Shuttle |
| • Computer Services | • Massage Therapy | • Travel Agent |
| • Dentist | • Medical Doctor | • Veterinarian |
| • Driveway Coating | • Mobile Home Supplies -
Retail | • Window Film/Tinting |
| • Fitness Center/Gym | • Motorcycle/Moped Sales &
Repair | • Window Washing |
| • Floor Coverings/Retail | | • Window Treatment/Interior |

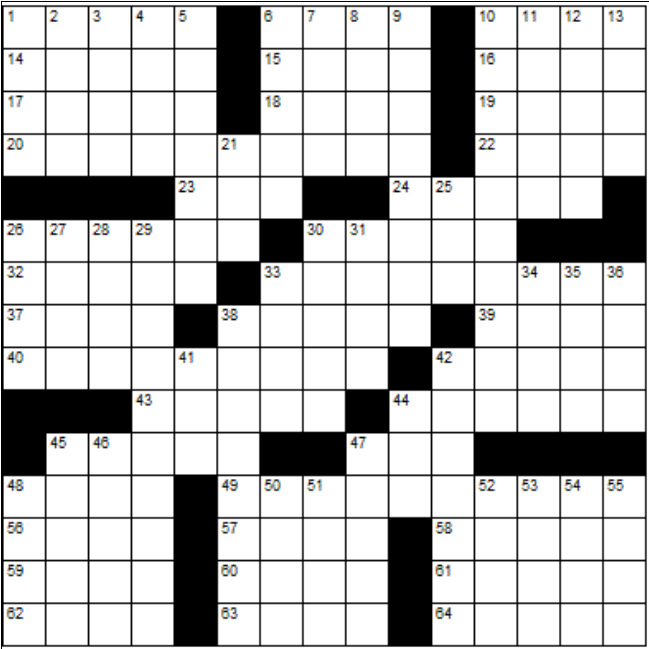


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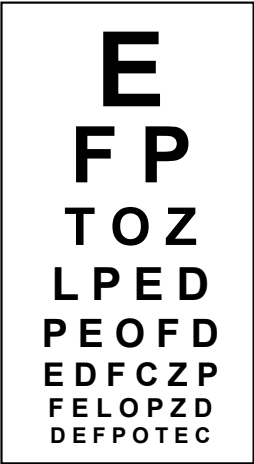
ACROSS

- 1. Cursed
- 6. Petty quarrel
- 10. Hairdo
- 14. Burdened
- 15. List of options
- 16. Lummox
- 17. Supplemented
- 18. Weightlifters pump this
- 19. Cypher
- 20. Bad luck
- 22. Applications
- 23. Tiny
- 24. Lariat
- 26. A change for the better
- 30. Watchful
- 32. Flip over
- 33. Convulsive
- 37. Tidy
- 38. City in France
- 39. Rodents
- 40. It produces electricity
- 42. A tart fruit
- 43. Donated
- 44. Rat or mouse
- 45. Welsh dog
- 47. A small piece of cloth
- 48. Magma
- 49. Authorized
- 56. Adjoin
- 57. False god
- 58. Hyrax
- 59. Man
- 60. Monster
- 61. Redress
- 62. Implored
- 63. Require
- 64. Conducts



DOWN

- 1. Close violently
- 2. Dry riverbed
- 3. Probabilities
- 4. Coral barrier
- 5. Gifted
- 6. Strike
- 7. South American country
- 8. Nameless
- 9. Unmelodious
- 10. Habituated
- 11. Clean between teeth
- 12. Cowboy sport
- 13. Poems
- 21. Ump
- 25. Supply with weapons
- 26. A step on a ladder
- 27. Type of sword
- 28. Low-fat
- 29. Not segregated
- 30. A cook might wear one
- 31. Den
- 33. Satisfy
- 34. 10 cent coin
- 35. Computer symbol
- 36. 1/100th of a dollar
- 38. Large tent
- 41. 18-wheeler
- 42. Rational
- 44. Rodent
- 45. A clique
- 46. Small egg
- 47. Angered
- 48. Lantern
- 50. Border
- 51. Pierce
- 52. Bit of dust
- 53. Dwarf buffalo
- 54. Care for
- 55. Visual organs



**August is
National Eye
Exam Month**

August Crossword





Take precautions against the danger of a rough fall

Falls are a leading cause of injury in the workplace and at home. Stay safe—and protect your co-workers—by remembering these basic safety tips:

- Practice good housekeeping. Keep your eyes open for anything that might cause a fall: loose carpeting, spills, cords, boxes, and the like. Keep hallways clear and remove any hazards immediately.
- Be careful on stairs. Watch where you're going when walking up or down the stairs. Keep stair areas well lit, and don't stack objects on steps to move later. Use handrails and make sure they're secured properly.
- Use ladders safely. Pick the right ladder for the job. Don't climb on chairs or desks to reach something up high. Face the ladder when climbing up and down, and maintain three points of contact at all times. Don't climb on the top two steps, or stretch too far to reach an object. If necessary, move the ladder or get a better one.

Get more productivity out of every day

If you're like most of us, you have too much work to do in too little time. If you want to maximize every minute of your day, try these tips to increase your efficiency:

- Pick three goals for the day. Start your day (or plan it the night before) by identifying three high-priority goals to accomplish. Work on this first, without getting distracted by other tasks. If you finish them off, select three more important goals. You'll feel more productive and less overwhelmed.
- Make quick decisions. Agonizing over every decision wastes time and energy. Try to make every decision in 60 seconds or less. A one-minute deadline will result in speedy decisions that are just as likely to be good as those you spend hours on.
- Schedule thinking time. Spend a certain amount of time thinking about what you want to do every week. Make plans, do research, analyze successes and failures, and give yourself permission to go off on tangents. Often you'll get your best ideas when you let your mind roam.
- Make a "to-don't" list. Identify tasks that don't contribute anything of value or don't represent the best use of your time, and get them off your to-do list. Eliminate them or delegate them so you have more time to focus on your priorities.



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Tuesday	Wednesday	Thursday	Friday	Saturday
				1
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29
				<div>SEPTEMBER 2015</div> <div>S M T W T F S</div> <div>1 2 3 4 5</div> <div>6 7 8 9 10 11 12</div> <div>13 14 15 16 17 18 19</div> <div>20 21 22 23 24 25 26</div> <div>27 28 29 30</div>

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The right diet may guard against dementia

Could the right diet lower your risk of developing Alzheimer's disease? Maybe, according to an article on the MedicineNet website—although the results aren't conclusive yet. A study of adults who closely followed a combination of two well-known diet plans, the Mediterranean diet and the DASH diet, found that subjects had a 53 percent lower risk of being diagnosed with Alzheimer's. Other subjects who stuck to the diet only moderately well saw their risk drop approximately 35 percent.

The combination diet plan, known as the MIND diet, emphasizes healthy grains, vegetables, beans, poultry, and fish, along with a limited amount of red meat, butter, and sweets. Researchers have noted that other factors, like smoking history, regular exercise, and challenging activities like Sudoku or crossword puzzles, have also contributed to diet followers' results.



On the other hand, both the Mediterranean and DASH diets are believed to be effective at preventing heart disease, making them a healthy choice for other reasons.

Take proper precautions against electric shock

A mild electrical shock can hurt; a major jolt can cause serious injury. Whenever you're working with live power, be careful to avoid problems by following the proper procedures:

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- Keep power off. When you turn off a circuit breaker, post a note warning co-workers not to turn it back on. Better yet, lock the circuit box so no one can accidentally send power back to a "dead" line.
- Use protective equipment. Gloves, facemasks, helmets, and other gear are important for your safety. Check the documentation to find out what you need, and ask your supervisor what he or she requires. Report and replace any defective equipment before getting to work.
- Check electrical cords. Examine cords for sign of wear and damage. If you see any exposed wire, or evidence that someone has tried to repair the cord with duct tape or electrical tape, replace it immediately. The cost is minimal, especially compared against the need for safety.



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Warning: Don't annoy this beetle

Small animals and insects have many defenses against predators, but one of the most puzzling to scientists is the spray emitted from the bombardier beetle, an insect found on every continent except Antarctica. The spray is a boiling combination of chemicals that fights off attackers without injuring the beetle, and scientists have long wondered how it's produced.

According to the (e)Science website, the liquid is composed of two chemicals stored in the beetle's abdomen. The bombardier mixes the two substances together at the moment of use in a protective chamber inside its rear end. The chemicals heat up on contact, and the boiling process provides the energy needed to shoot it at anything threatening the beetle. The jet of liquid is hotter than defensive sprays ejected by other insects, and also five times faster, making it even more effective against attackers.



New treatment for brain disorders?

Remote-controlled mice are real, but don't worry—scientists aren't planning to create rodent armies to take over the world. The mice experiments are part of the 2013 BRAIN Initiative, created by President Obama to design new therapies for neurological disorders.

Doctors controlled the neurons in mice using a technique called DREADDs, for Designer Receptors Exclusively Activated by Designer Drugs. The mice's neurons were genetically engineered to produce a specific brain receptor that allowed scientists to manipulate neurons without implanting any devices in the brain. The mice could then be made to walk, stop, run toward food, or ignore it.

Neuroscientists hope that the experiments will help them identify the brain wiring that controls specific behaviors, and then influence those behaviors by activating and deactivating the neurons associated with them. This could lead to therapies for a variety of neurological syndromes in humans.

There are three stages in scientific discovery. First, people deny that it is true, then they deny that it is important; finally they credit the wrong person.

—Bill Bryson



Plan your vacation with these trends in mind

You may already have taken your summer vacation and are eagerly planning next year's. If so, you might want to consider these 2015 vacation data, according to the Summer Travel Guide from the travel insurance comparison website InsureMyTrip.com.

The five most popular vacation destinations were the U.K., France, Italy, the Caribbean, and the Netherlands. Planning ahead makes sense: The survey found that 82 percent of travelers booked their trips more than 30 days ahead of time, with 15 percent waiting until just a week or so before leaving to make their plans, and only 3 percent heading off at the spur of the moment.

Where will you stay? In the 2015 survey, 42 percent of vacationers chose hotels, 25 percent took a cruise, and 18 percent opted for vacation rentals. Only one in 10 survey participants said they bunked in with family or friends while traveling.



'Appointment TV' a thing of the past?

Not too long ago, the only way to watch your favorite show was to make sure you were home when the networks decided to broadcast it. Not so much anymore. Modern technology is taking hold of our viewing habits, according to the Digital Democracy Survey from Deloitte.



The study of more than 2,000 U.S. consumers age 14 and up found that 56 percent of viewers are streaming movies on their laptops, tablets, or other devices, and 53 percent stream television shows once a month. More than 42 percent of U.S. households use a video streaming service like Netflix to watch their shows and movies. Meanwhile, only 45 percent prefer to watch TV live.

Video streaming also makes binge-watching a thing, according to the survey: Sixty-eight percent of consumers report sometimes watching at least three episodes of a TV program in one sitting, and 31 percent of them do it once a week or more.

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www.pinellascounty.org/emergency

Government Access TV

Tune in to Pinellas 18 on Pinellas County's
cable systems
(also Webcast live at www.pinellascounty.org).

Pinellas County Emergency News Service

Receive e-mailed updates from the Pinellas
County Emergency Operations Center
during emergencies.

Sign up for this free service at
www.pinellascounty.org/emergency_subscription.htm

Evacuation Level Phone Number (727) 453-3150

During Local Emergencies Only Call the Citizens Information Center **(727) 464-4333.**

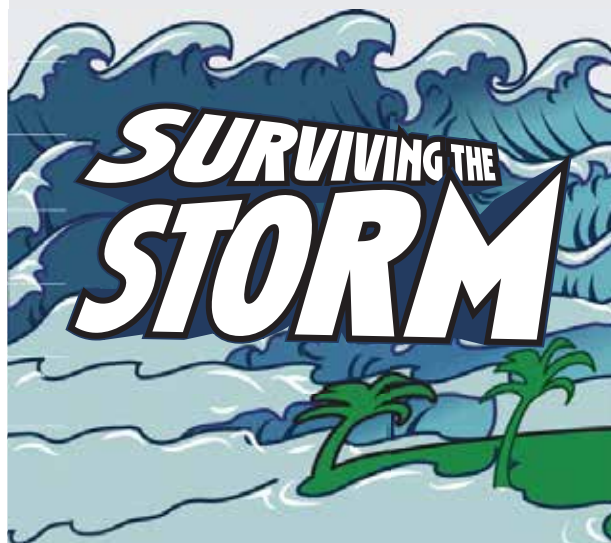
PINELLAS COUNTY EMERGENCY MANAGEMENT

400 S. Fort Harrison Ave.
Room 111
Clearwater, FL 33756
Phone: (727) 464-3800
Fax: (727) 464-4024
TDD: (727) 464-4431
E-mail: ema@pinellascounty.org

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Pinellas County Communications Department
at (727) 464-4600, TDD (727) 464-4431.

Produced in cooperation with the
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Hurricane Preparedness for Mobile Home Residents



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(Allow 4-6 weeks for mailing of check). **This month's cash winners are:**

Sharon Anderson.....\$100.00.....	AJ's Bed & Furniture
Nello Cassai.....\$10.00.....	Barron's AC & Appliance Service
Richard Daw.....\$10.00.....	Chambers Specialties, Inc.
Bill Schwab.....\$10.00.....	Haseney Electric
Joe Fayocavitz.....\$10.00.....	Bill the Carpet Guy
Jack Sonneborn.....\$10.00.....	Century Awnings
Walter Martin.....\$10.00.....	E & E Gliddon
Dolores Calonita.....\$10.00.....	Knoblach Hearing Care
Janet Hart.....\$10.00.....	All Around Tours
Sandra Peterson.....\$10.00.....	Notebooks Plus
Patricia Morreale.....\$10.00.....	Palm Harbor & Dunedin Electric
Shirley McClure.....\$10.00.....	Comfort Cover Systems
Leslie Cyrene.....\$10.00.....	ASC, Inc.
Norma Eldridge.....\$10.00.....	The Plumbing Patrol
William Shiels.....\$5.00.....	Capital Golf Carts, Inc.
Betty Martin.....\$5.00.....	Ron Wyngarden MH Washing
Elizabeth Murphy.....\$5.00.....	Bob's Mobile Home Wash
Karen Haggerty.....\$5.00.....	Century Awnings
Mary Marks.....\$5.00.....	Kathy's Cleaning Service
Deborah Butler.....\$5.00.....	Rod Runners
Monica Gorman.....\$5.00.....	Shonna Bender LMT
Roger Flood.....\$5.00.....	Doll Brothers
Ron Wallace.....\$5.00.....	Air Masters of Pinellas
Ann Santos.....\$5.00.....	Ron Wyngarden MH Washing

Gary Cornely.....\$5.00.....	Chambers Specialties, Inc.
Timothy Buswell.....\$5.00.....	Boss Electric Corp.
Ronald Carnegie.....\$5.00.....	Jones & Sons Plumbing
William Riley.....\$5.00.....	Modern Air Conditioning
Jim Whelpley.....\$5.00.....	Action Appliance
Robert Post.....\$5.00.....	Kathy's Cleaning Service
Georgia Goetting.....\$5.00.....	E & E Gliddon
Mark Percoco.....\$5.00.....	Air Masters of Pinellas
James O'Sullivan.....\$5.00.....	Barron's AC & Appliance Service
Lola Jenkins.....\$5.00.....	Battleline Termite & Pest Control
Phoebe Taylor.....\$5.00.....	Bob's Mobile Home Wash
Mary Fochtman.....\$5.00.....	Knoblach Hearing Care
Diane Strube.....\$5.00.....	Debbie's Salon
Aida Amico.....\$5.00.....	Bill the Carpet Guy
Hazel Whitton.....\$5.00.....	Shonna Bender LMT
Michael Wischart.....\$5.00.....	Buggin Out Pest Control
Mildred Vilchis.....\$5.00.....	Boss Electric Corp.
Norm Sarette.....\$5.00.....	Heller's Mobile Home Washing
Archie Bunting.....\$5.00.....	Community Roofing
Rose Omara.....\$5.00.....	Debbie's Salon
Maurice Fisher.....\$5.00.....	Recreational Golf Cars of Florida
Gladys Malone.....\$5.00.....	Heller's Mobile Home Washing
Marilyn Besancenez.....\$5.00.....	Doll Brothers

• Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.



Anecdotes

Finders, keepers

A beggar found a leather pouch on the ground in the marketplace. He opened it up and found that it contained 100 pieces of gold.

Suddenly he heard a merchant shout: “My purse is gone! A reward to the person who finds my leather pouch!”

The beggar was an honest man, so he rushed to the merchant and held out the purse. “Here you are, sir,” he said, bowing low. “May I have my reward now?”

The merchant opened the pouch and quickly counted the coins. “Wait a minute—my pouch had 200 gold coins in it! You’ve stolen half my money and now you expect a reward?”

The police came up, and the beggar asked to be heard by a judge.

The judge listened to the case. After both sides were finished, he gave his ruling: “The merchant does not have to pay a reward.”

“Thank you, your honor.” The merchant smiled.

The beggar cried out, “But your honor—”

“I’m not finished.” The judge continued: “The reason you don’t have to pay a reward is because you stated clearly that your pouch had 200 gold coins in it. The pouch found by this beggar held only 100 coins. Therefore, this is not the pouch that you lost, and it is for the beggar to keep.”

The sound of anger

A young student of Zen visited a wise and renowned master. Wanting to show off his enlightenment, he sat down and said: “The mind does not exist. The true nature of the universe is emptiness. There is no realization, no delusion, no sage, no mediocrity. There is nothing to give and nothing to be received. Is this not right, master?”

The master, smoking quietly, said nothing. Suddenly he gave the student a smack on the head with his pipe.

The student grew quite angry. “Why did you do that? I came here seeking to discuss wise matters with you, and you simply hit me in the face with your pipe? How could you do such a thing?”

“If the mind does not exist,” the master asked, “where did this anger come from?”



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